

**On December 10, 1948** the General Assembly of the United Nations adopted and proclaimed the **Universal Declaration of Human Rights**.

*“All human beings are born with equal and inalienable rights and fundamental freedoms.*

The United Nations is committed to upholding, promoting and protecting the human rights of every individual.

This commitment stems from the United Nations Charter, which reaffirms the faith of the peoples of the world in fundamental human rights and in the dignity and worth of the human person.

**In the Universal Declaration of Human Rights, the United Nations has stated in clear and simple terms the rights which belong equally to every person.**

**These rights belong to you.**

**They are your rights.**

**Familiarize yourself with them.**

**Help to promote and defend them for yourself as well as for your fellow human beings.”**

- The United Nations



# Human Rights Global Dignity



*The 60<sup>th</sup> Anniversary  
of the UN Declaration on Human Rights  
Saturday & Sunday, December 6<sup>th</sup> - 7<sup>th</sup>, 2008  
1:00 - 4:30 p.m. Free admission.*

*Sunday Workshops  
2:00 pm - 3:30 p.m., Dec. 7, 2008*

*The Workshops run concurrently.*

*Please choose one - more information & introduction of facilitators at 1:30 p.m. Sunday, just before the workshops.*



Organised and sponsored by the  
**Victoria Multifaith Society**  
[www.victoriamultifaith.com](http://www.victoriamultifaith.com)  
Venue: Cadboro Bay United Church,  
[2625 Arbutus Rd.](http://2625ArbutusRd) Victoria B.C.

Sunday, 2:00 – 3:30 p.m.

## 1. *The Rights of the Child*

The focus of this workshop for parents, grandparents and educators is: “*Five strategies for nurturing the virtues and potential of every child*”. Inspired by the UN Convention on the Rights of the Child, assuring “*the development of the child’s personality, talents and mental and physical abilities to their fullest potential.*” (article 29)

**Linda Kavelin Popov**, co-founder of the Virtues Project, is an international speaker, psychotherapist and bestselling author of several books including *The Family Virtues Guide*, and *The Virtues Project Educator’s Guide*.



## 2. *Homelessness and the Declaration of Human Rights*

This workshop will focus on the need for adequate housing for the most vulnerable among us. Recognized in the International covenant on Economic, Social and Cultural Rights is “*the right of everyone to an adequate standard of living for himself and his family, including adequate food, clothing and housing, and to the continuous improvement of living conditions.*” (article 11)

This workshop will be lead by **Susan Draper** of KAIROS, **Patricia Roche** of Together Against Poverty Society, and **Peggy Wilmot** of Faith In Action, a non-partisan partner in implementing the findings of *Mayor’s Task Force on Breaking the Cycle of Mental Illness, Addictions and Homelessness.*

Sunday, 2:00 – 3:30 p.m.

## 3. *Human Rights, Mental Health and Addictions*

The International Covenant on Economic, Social and Cultural Rights recognizes “*the right of everyone to the enjoyment of the highest attainable standard of physical and mental health.*” (article 12) In the daily reality of life on the streets, what could and what should this mean?

The workshop will be co-ordinated by the founder of the Oasis Society, **Margaret O’Donnell**, assisted by homeless and housed companions. Margaret currently works in Mental Health and Addictions Services, and her passion lies in finding creative and practical responses to the mental, emotional, physical and spiritual needs of the homeless.

## 4. *Human Rights & First Nations Peoples*

The focus of this workshop comes out of the Convention on the Rights of the Child, particularly the right to “*The development of respect for the child’s parents, his or her own cultural identity, language and values*” and “*the preparation of the child for responsible life in a free society, in the spirit of understanding, peace, tolerance, equality of sexes, and friendship among all peoples, ethnic, national and religious groups and persons of indigenous origin.*” (article 29)

The principal facilitator will be **Debra Bell Seysener**, a social worker, artist, cultural worker, educator, and granddaughter of Kwakiutl Chiefs and who has a strong belief in education, spirituality, integrity and family. Debra has a natural affinity for human rights and will lead a positively-oriented, interactive workshop, appropriate for all cultures.